

INTRODUCTION

Message From Our Manager

As we move into the spring months, it feels like a good time to reflect on what has been a busy and uplifting period here at Valerian Court. Our home continues to be shaped by the people within it, our residents, their families, and our dedicated team. Together, we create a place that feels welcoming, supportive and full of life.

At Valerian Court, we have always believed that care is far more than a job. It is about people, kindness, compassion and a genuine commitment to ensuring every resident feels valued and at home. I would like to thank our team for the care and attention they show each day, and our families for the trust they place in us.

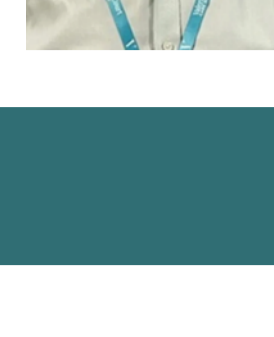
If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign-Up Link](#)

Best wishes,

Andrei

Andrei Joanta
Home Manager



WELL DONE

Celebrating Our Team

Our company conference theme this year was #Stronger Together, and that message truly reflects what we experience here every day. We are delighted to share that our Deputy Manager, Kathy Francis, was awarded the Outstanding Achievement Award at the company's Annual Conference.

Kathy was nominated alongside colleagues from across the country, and to see her recognised in this way is a proud moment for all of us. Her dedication, leadership and genuine care for both residents and staff make a real difference to daily life in the home. Congratulations, Kathy, a very well-deserved achievement.



SPRING HIGHLIGHT

Spring Chicks

We have welcomed some special spring arrivals into the home, with eggs hatching and bringing a real sense of excitement to residents and staff alike. Watching new life emerge has been a simple but meaningful experience for everyone involved.

Activities like this offer more than just enjoyment. They provide opportunities for conversation, reflection and connection with nature. For many residents, particularly those living with dementia, these moments can spark memories and create a sense of purpose, which is always at the heart of what we aim to provide.

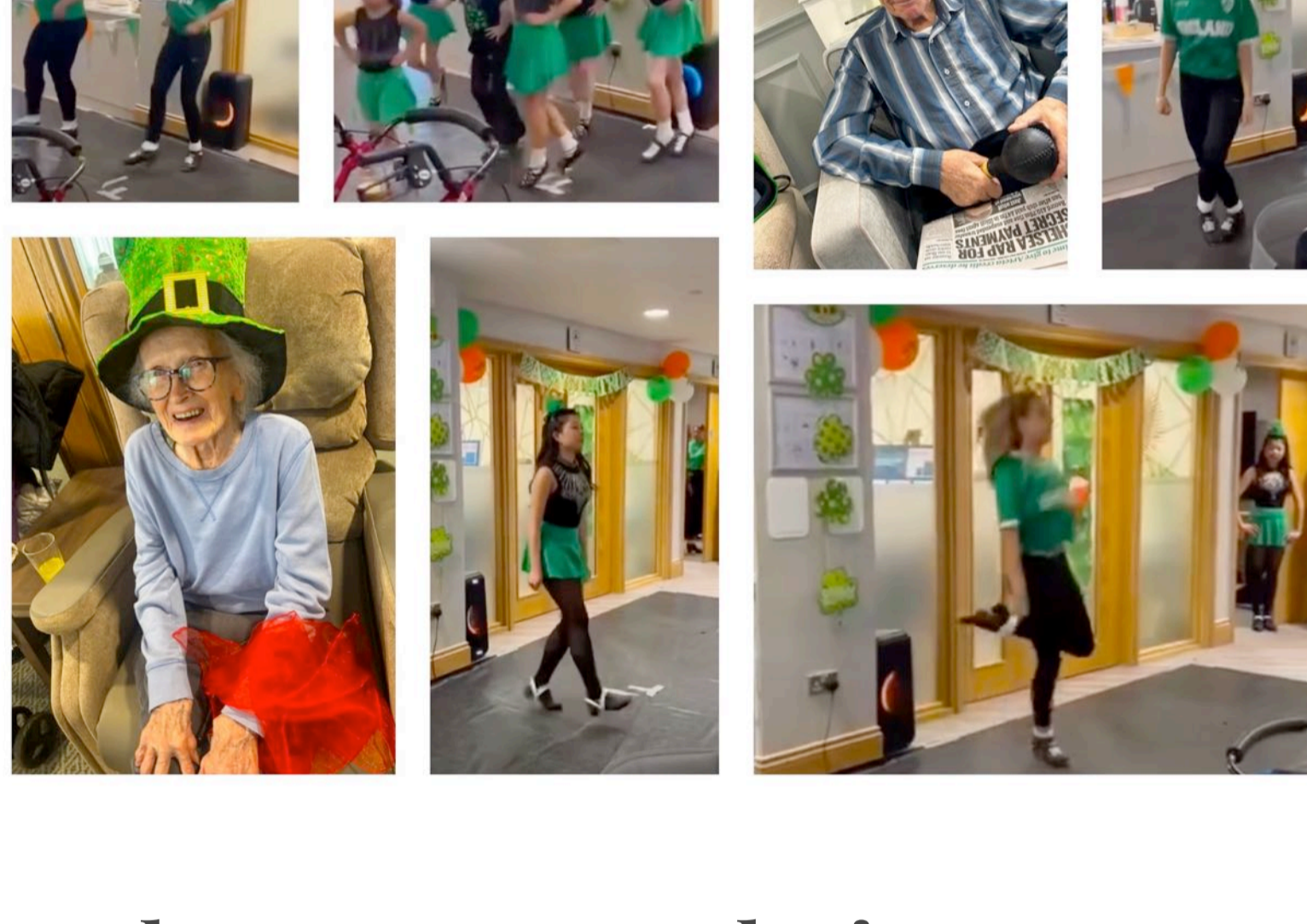


EVENTS

St Patrick's Day Celebrations

We were delighted to welcome back Viv O'Gara's Dance School to celebrate St Patrick's Day with us. The performance was full of energy, with wonderful musicality, intricate footwork and plenty of smiles.

Residents thoroughly enjoyed the show, and it brought a lively and uplifting atmosphere to the home. We are always grateful to visitors who take the time to share their talents with us.



Mother's Day at Valerian Court

Mother's Day was a lovely occasion, marked with warmth and good company. We began with one of our popular quizzes, this time themed around famous mums, which sparked plenty of conversation and laughter.

The afternoon continued with live music from Alan Hook on the saxophone, creating a relaxed and enjoyable setting for residents and their families. Thank you to everyone who helped make the day special.



RECENT ACTIVITIES

A Visit from Vino

We were very pleased to welcome Happy Hooves Equine Ltd, who brought along their miniature horse, Vino, for a visit. This was a particularly memorable experience, with many residents enjoying the opportunity to interact with such a gentle and friendly animal.

The visit brought back fond memories for some and created new ones for others. It was a calm and meaningful activity that many residents spoke about long afterwards.



Our Own Winter Games

Taking inspiration from the Winter Olympics, we hosted our own version here at Valerian Court. Activities included adapted games such as reverse curling and ice hockey – without the ice or sticks.

There was plenty of laughter, a bit of friendly competition and even some gold medals awarded. Most importantly, it encouraged movement, teamwork and enjoyment for everyone involved.



Cycling Without Age Didcot

Cobwebs were blown away as three of our residents took Cycling Without Age Didcot for a spin! With Julie and Cindy reminiscing about cycling days gone by, it was a great bonding time and made lots of new memories.



NEWS & UPDATES

Resident Ambassador

We are pleased to introduce Margaret as our new Resident Ambassador. Margaret is a valued member of our home, always ready with a kind word and a positive outlook.

Her willingness to support others and bring people together makes her a natural choice for this role. Congratulations, Margaret, and thank you for all that you do.



EXTERNAL LINKS

Social Media

Make sure to check out the Valerian Court Care Home Facebook Page for all our latest photos!

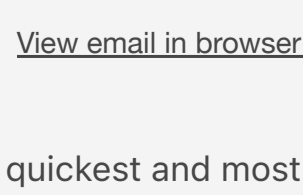
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