

INTRODUCTION

Message From Our Manager

Welcome to our latest newsletter from Valerian Court Care Home. The past few months have been filled with seasonal activities, special visits, and opportunities for residents to come together and enjoy time with one another. From festive celebrations to regular groups and workshops, it's been lovely to see so many residents getting involved in what's on offer.

I would like to thank our residents for their continued enthusiasm, our families for their ongoing support, and our staff team for the care and commitment they show every day. It's these shared moments and the sense of community within the home that make Valerian Court such a welcoming place to be.

I hope you enjoy reading about some of the recent highlights and activities taking place around the home.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign-Up Link](#)

Best wishes,

Andrei Joanta
Home Manager



ACTIVITIES & EVENTS

Planting Bulbs

Heading into winter the residents made sure our planters were planted ready for the spring, thank you to our wonderful relatives for their assistance.



Photographs:

Green Fingered Mark making sure the bulbs were in.

Margaret and Peter admiring their work.

Sensory and Reminiscing Room

Residents from our Hampstead community were overjoyed to explore the new Sensory and Reminiscing room full of Music memorabilia, from posters to old 78's. We especially love the turntable and the sound of the needle scratching the vinyl, the keyboard and ukulele proving a big hit with the residents.



Photographs:

Michael is a huge Jim Reeves fan.

Maureen eager to play the ukulele.

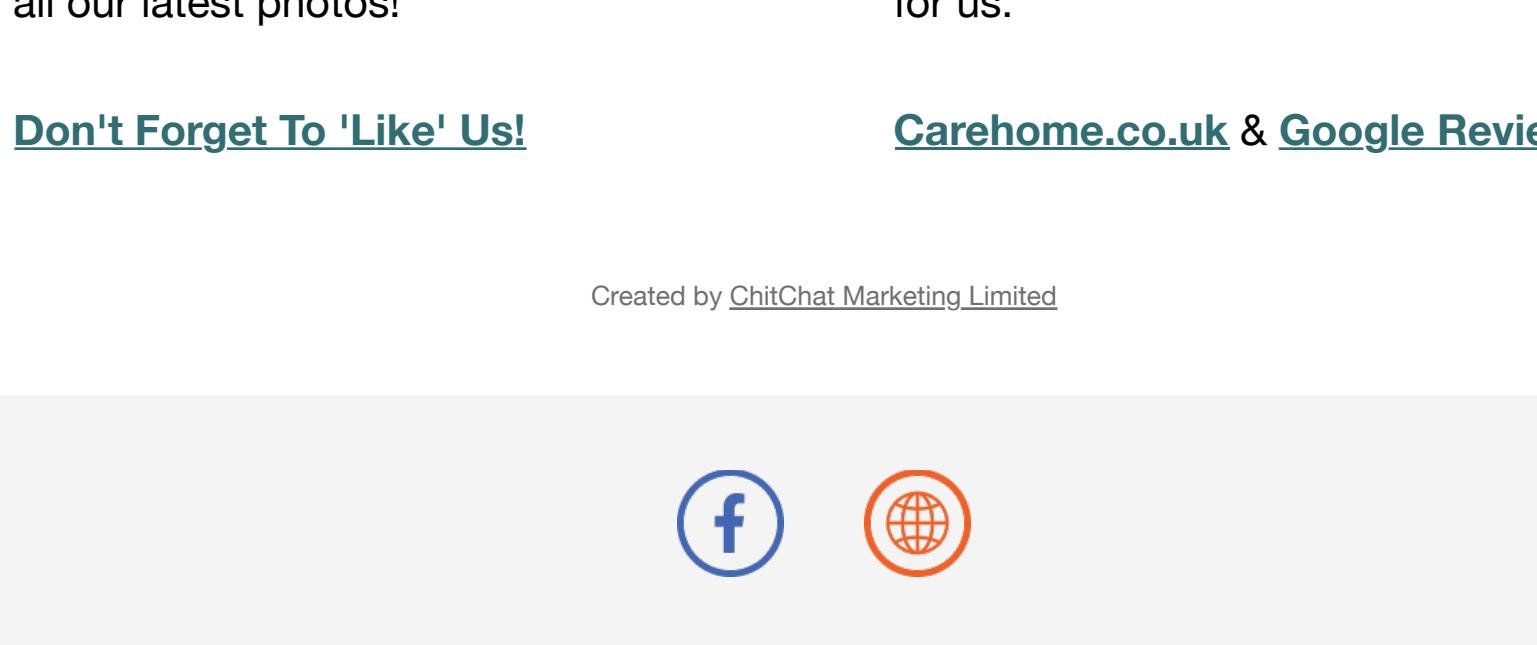
Downland Dance

Downland Dance a local ballet school came in to perform for us in October, especially for a very special lady who just happened to be the grandmother of the Artistic Director of the school. What a lovely surprise for our residents and a perfect example of person centred care.



Christmas Fayre Fundraiser

Local stall holders from Didcot and the surrounding areas, the residents and the very talented Ukulele group HUG joined forces for our annual Christmas Fayre. Residents had been hard at work creating Christmas cards, Christmas gift tags and Christmas tree ornaments to sell on the day. As well as making the Christmas cake for Guess the Weight of the Cake. We raised £300 in two hours for the wonderful Make-A-Wish UK charity. Thank you to all who supported this wonderful event.



Photographs:

Julie and her daughter Cindy browsing the Christmas stalls.

Guess the Weight of the Cake.

Christmas Events Galore

In the weeks building up to Christmas we enjoyed the fruits of our talented community. Huge thanks to Hambourne Community Choir, Dance School ML7, Goring and Streatley Clarinet Ensemble, Didcot 15th Scouts, who visited us with some to entertain cards, and last but not least Didcot's very own choir, Vocalise, who

came to entertain us, bringing joy, smiles and festive music to our home.

Photographs:

Didcot 15th Cub Scout, Pre school Nativity, Hambourne Community Choir, Enjoying

the dancing, ML7 Dance School, Goring and Streatley Clarinet Quartet

Christmas Shopping

Of course the residents needed a shopping trip. So off to Millets Farm we went. Not once but three times. Along with refreshments and a visit to the singing reindeer, a

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