

**INTRODUCTION** 

## Message From Our Manager

As the seasons change and the weather takes a turn, we embrace the cosy nights ahead. With the festive build-up towards Halloween and then Christmas, there is much to look forward to. Let's make this season one to remember!

If you know someone who would like to receive our email newsletters/updates just

let us know, or forward them the newsletter sign up link below:

Sign-Up Link

Best wishes,

**Andrei Joanta** Home Manager



**ACTIVITIES & EVENTS** 

### BBQ, Sunshine & Abba! Sunshine, sizzling BBQ, and the unforgettable sounds of ABBA made for a

spectacular afternoon at Valerian Court Care Home. Our residents and staff were treated to a lively performance by the fabulous Melody Mias, whose renditions of classics made everyone singing along and swaying to the beat. The rooftop garden was filled with laughter, music, and the delicious aroma of grilled favourites, creating a joyful atmosphere that truly captured the spirit of summer. It

was a day of pure celebration, bringing smiles and sparkle to all who joined.











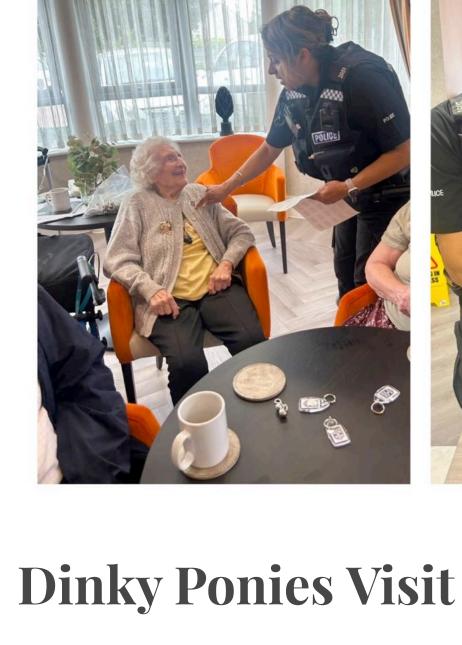


# Home for an insightful and engaging morning focused on online safety. With growing

**Police Visit** 

concerns around digital scams, our residents and staff appreciated the opportunity to learn more about how to stay safe online. The session was both informative and interactive, ending on a sweet note as our residents baked PC Kaur's favourite cake to share. The fun continued with everyone getting their fingers inked for fingerprinting - a hands-on experience that sparked plenty of laughter and curiosity. A heartfelt thank you to our visitors for making the day so memorable.

We were thrilled to welcome PC Kaur and PCSO Saunders to Valerian Court Care



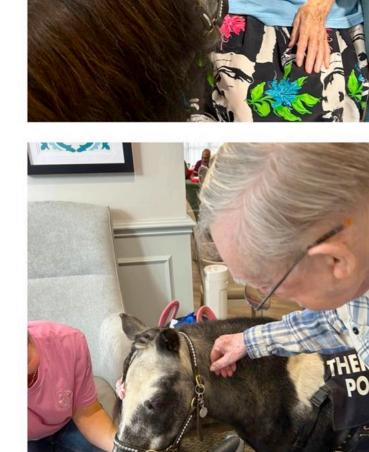


### in with her usual charm, sparking smiles and fond memories. Many residents recalled their own experiences with horses and donkeys, sharing stories that brought

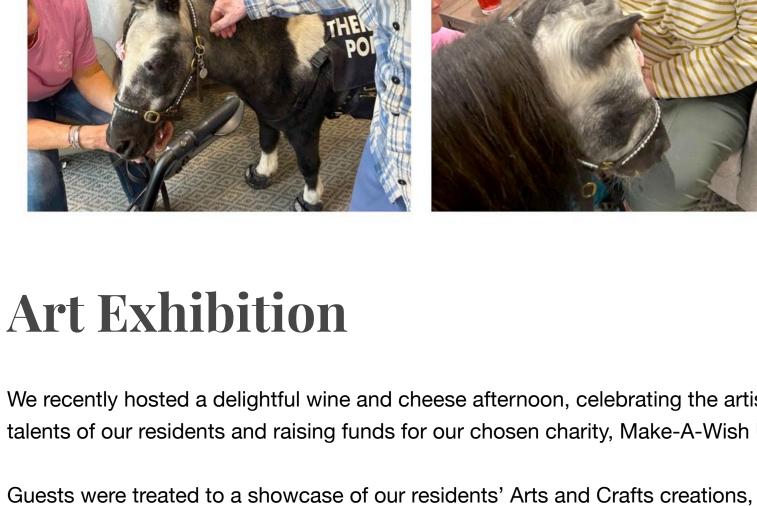
laughter and nostalgia to that morning. The gentle interaction and joyful reminiscing made for a truly special moment, reminding us of the comfort and connection animals can bring.

We were delighted to welcome Dinky Ponies to Valerian Court Care Home for

another heartwarming visit. Poppy, a familiar favourite among our residents, trotted





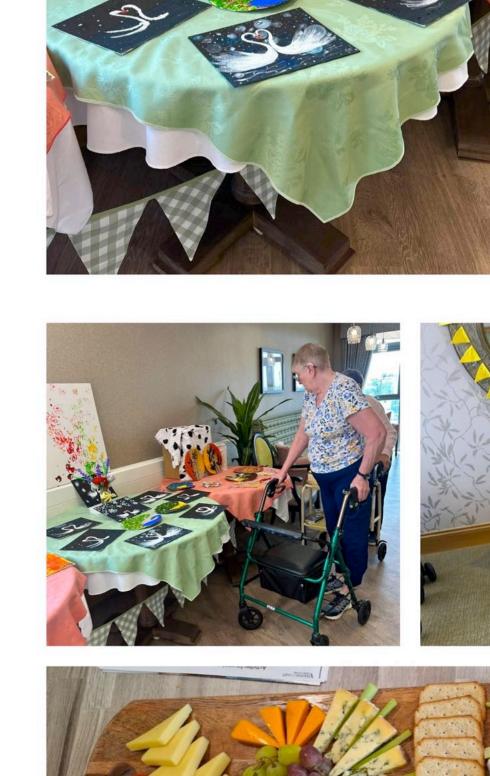


reflection of what Valerian Court stands for.

(#EwanShawPiano), whose music added a touch of elegance to the event. The

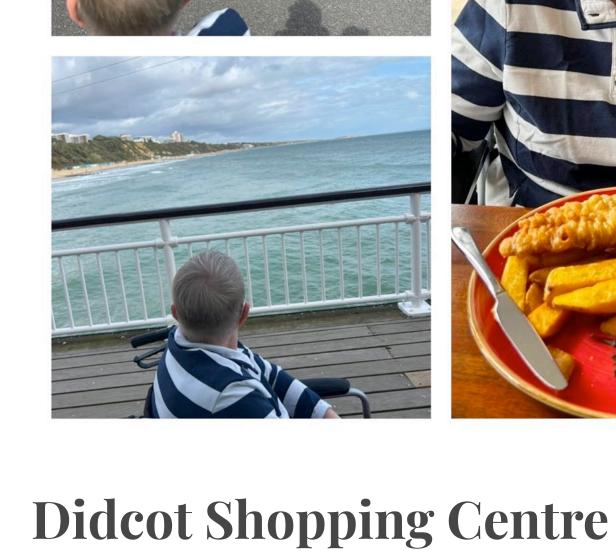
afternoon was filled with warmth, creativity, and community spirit - a perfect

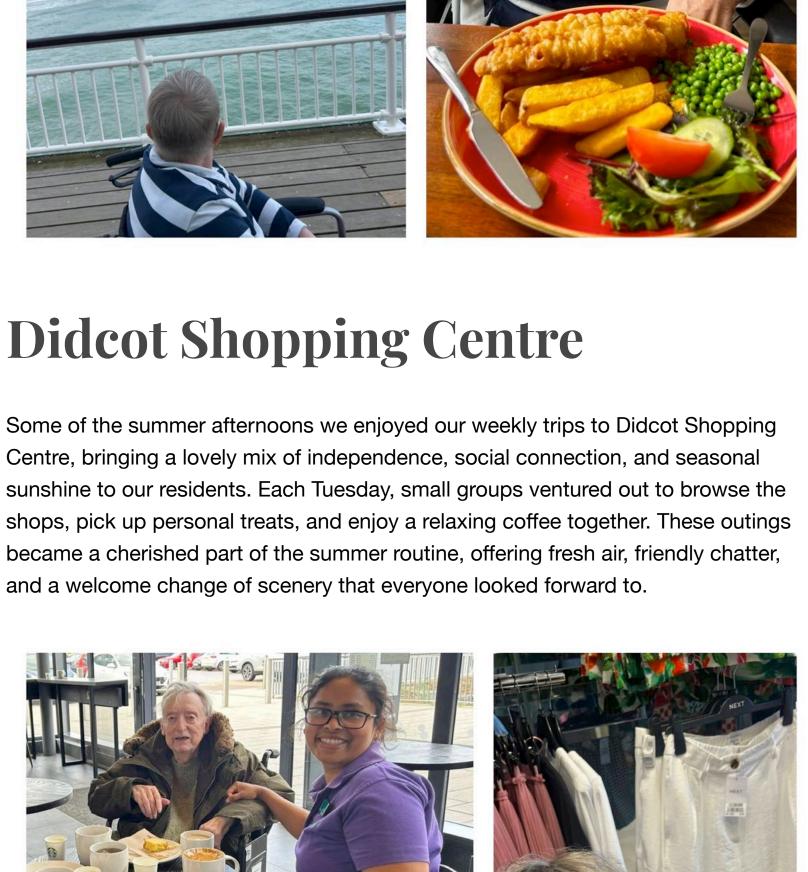




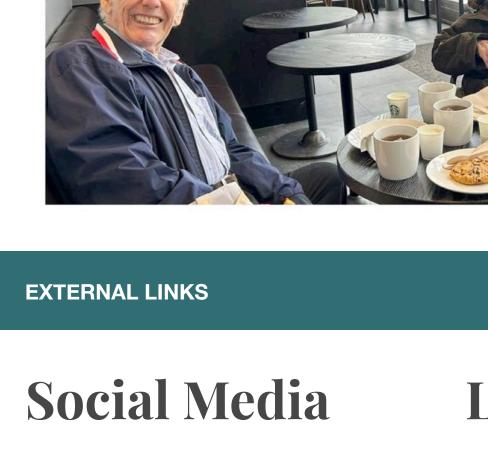








#### sunshine to our residents. Each Tuesday, small groups ventured out to browse the shops, pick up personal treats, and enjoy a relaxing coffee together. These outings became a cherished part of the summer routine, offering fresh air, friendly chatter,



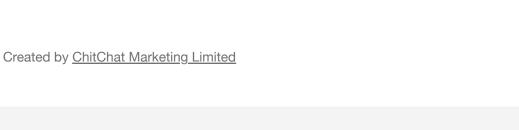


Make sure to check out the Valerian

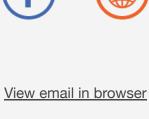
all our latest photos!

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