

A WARM WELCOME TO OUR SUMMER 2025

Quarterly Newsletter



Management Introduction

As we welcome the warmth of summer, we are excited to bring you the latest news and highlights from our home. Recently, we have participated in numerous activities and events to keep spirits high and our days filled with joy. From fun summer outings to engaging arts and crafts, there is something for everyone to enjoy.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Andrei

Andrei Joanta
Home Manager



Make-A-Wish UK



Fundraising Event

Colleagues, residents, and visitors alike have been cycling towards a 1,000-mile target over the last couple of months to raise money for Make-A-Wish UK, a charity that grants wishes to children with life limiting conditions.

Our manager, Andrei, has been leading the efforts, supported by relatives, colleagues, and even a couple of firemen from our local station who have lent a helping hand.

It's not too late to donate; contact the home for details about this worthy cause.



Glad To Care Week



Meaningful Activities

We are thrilled to share the many wonderful moments we experienced during GladToCare Week! We celebrated the compassion, dedication, and joy that define every day here at Valerian Court. Our incredible team goes the extra mile to ensure each resident feels at home, safe, and truly cared for.

On Motivational Monday, our Tai Chi enthusiast held a Tai Chi class for all our residents and colleagues alike.

On Tune It Up Tuesday, Musical Moments joined us for music and laughter.

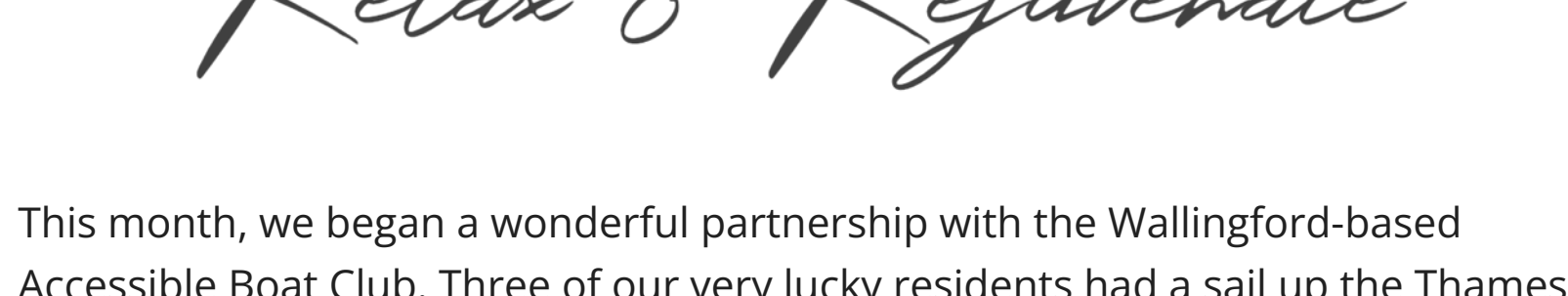
Wellness Wednesday featured Andrei and Kathy serving our colleagues and visitors a well-earned breakfast to show their appreciation.

On Tasty Thursday, the residents took baking seriously as they prepared the best cake for the CCG Bake Off competition, named the Strawberries and Cream Tea.

We ended the week with Feel Good Friday, where we competed in our Feel Good Friday quiz, with our very own Margaret winning the champion's spot!

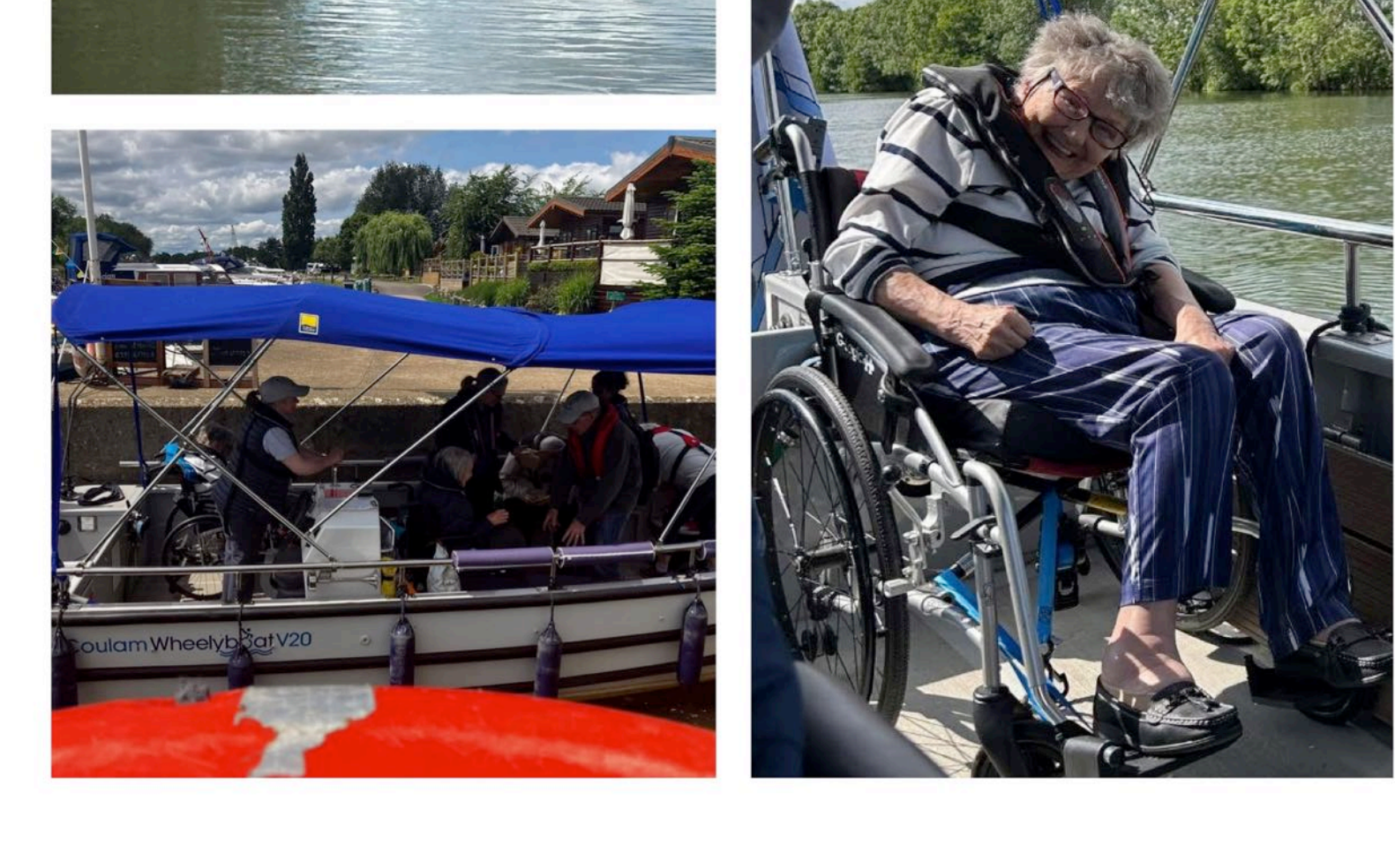


Boat Trip



Relax & Rejuvenate

This month, we began a wonderful partnership with the Wallingford-based Accessible Boat Club. Three of our very lucky residents had a sail up the Thames, spotting kingfishers, swans, dragonflies, and even heard a cuckoo. The sun shone for us too! This was Evelyn's first trip on the boat and she enjoyed every minute of it; we can't wait for the next one.



Trips to the Pub

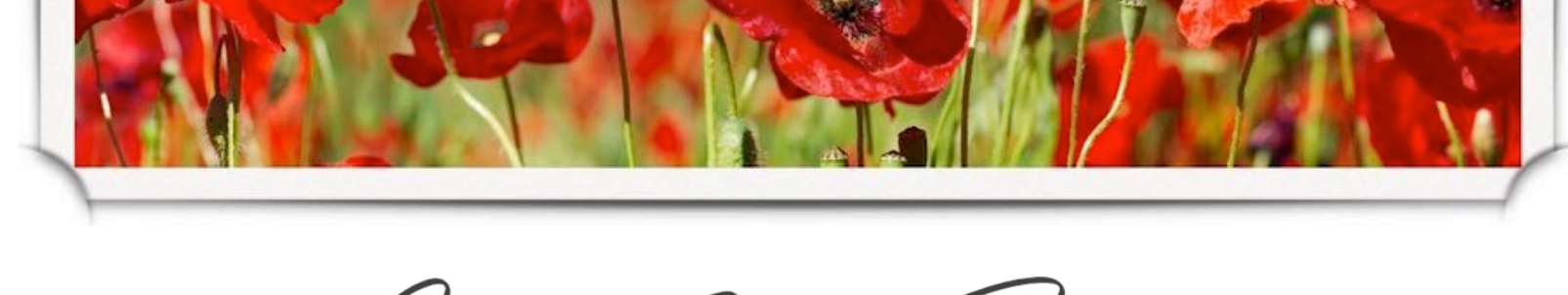


Out & About

When residents tell us they would like a pub lunch, your wish is our command. We have made two trips to the pub so far and hope to have plenty more before the end of summer. Sharing a pint at the local pub has brought joy and connection, making each trip memorable. Cheers!



D-Day Wreath Laying



Lest We Forget

Valerian Court was invited to lay a wreath on behalf of all our residents, and we were proud to be represented by Olga. Olga is a well-loved resident, and it meant so much to her to be asked to lay the wreath. It was a moment of great dignity and remembrance, both for her and for all those who watched on.

Olga's granddaughter was also taking part in the parade, representing the Army Cadets, which added to the warmth of the occasion. Witnessing two generations participate in a ceremony that connects the past with the present was incredibly special. It reminded us of the ongoing importance of remembrance and the value of passing down stories and values to younger generations.



Social Media



Connect With Us

Make sure to check out the Valerian Court Care Home Facebook Page.

[Don't Forget To 'Like' Us!](#)

Leave A Review



Your Thoughts Matter

We would be grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](#)

[Google Business Reviews](#)



Produced by [CheChat Marketing Ltd.](#)

Copyright © 2025 Valerian Court Care Home. All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

