

A WARM WELCOME TO OUR  
AUTUMN 2024

# Quarterly Newsletter



## Management Introduction

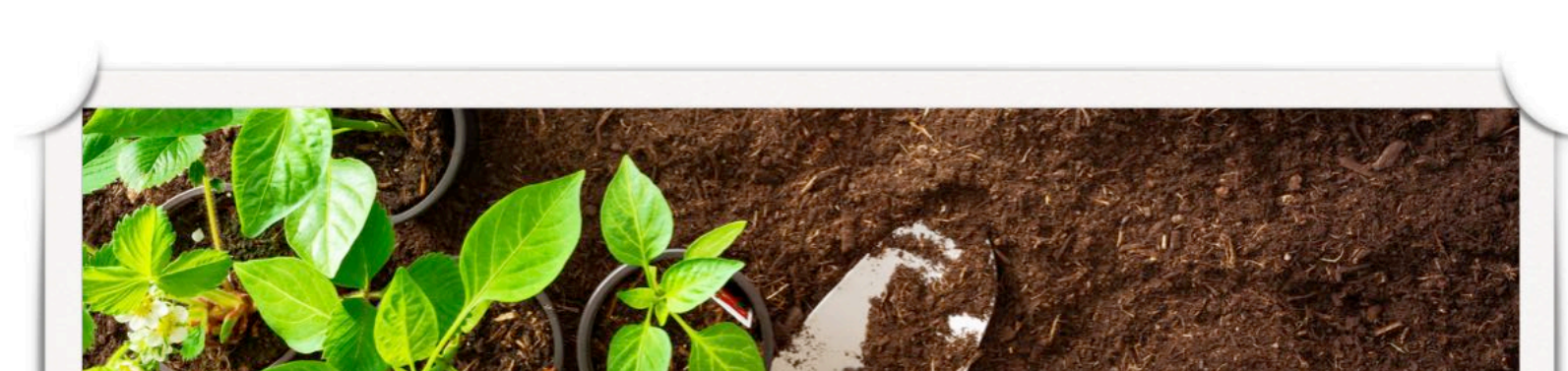
As we bid farewell to the summer days and welcome autumn, we can't help but look back on the multitude of events and activities that filled our home with joy recently. We are ready to embrace the upcoming season, with its promise of crisp outdoor adventures and the warmth of indoor gatherings...

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

Best wishes,

Valerian Court Management Team

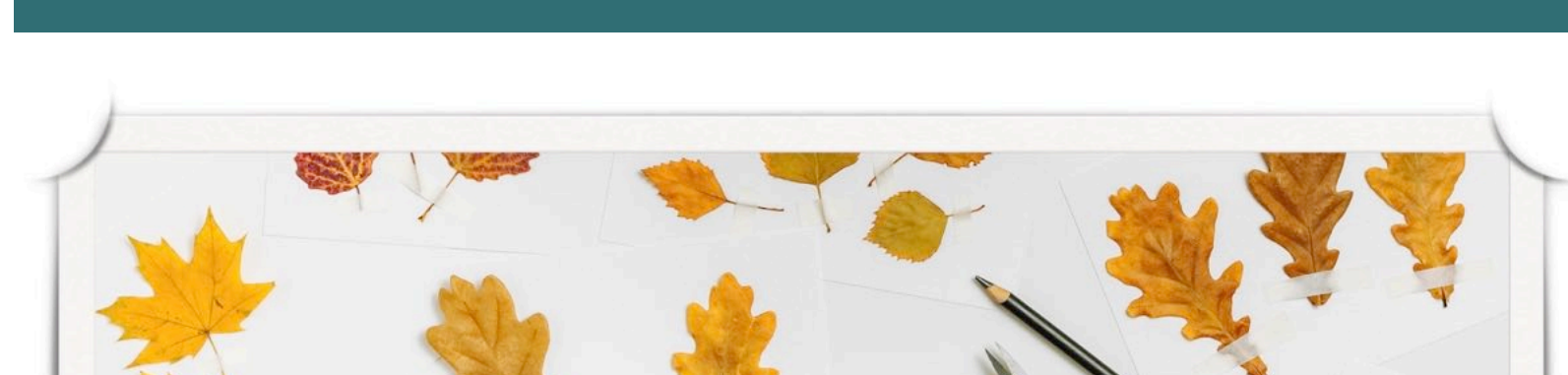


## Winter Blooms

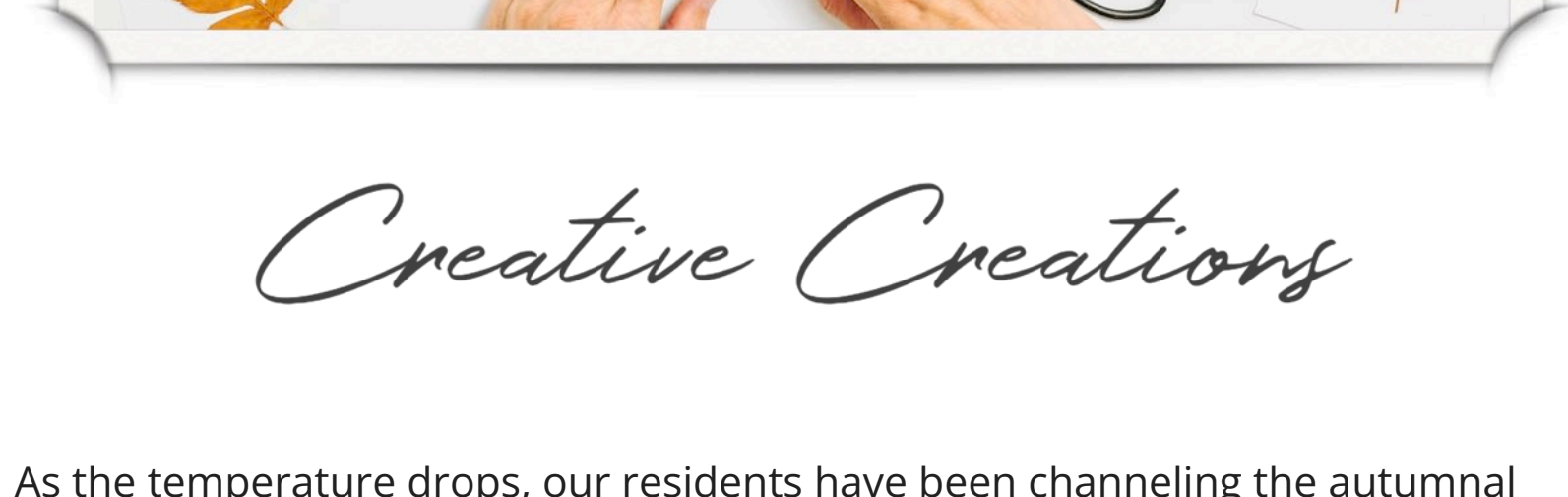


### Green Fingers

Despite the grey skies and gloomy weather, Valerian Court is brimming with colour! Our roof terrace is adorned with beautiful winter blooms, providing a vibrant and cheerful atmosphere for all to enjoy.

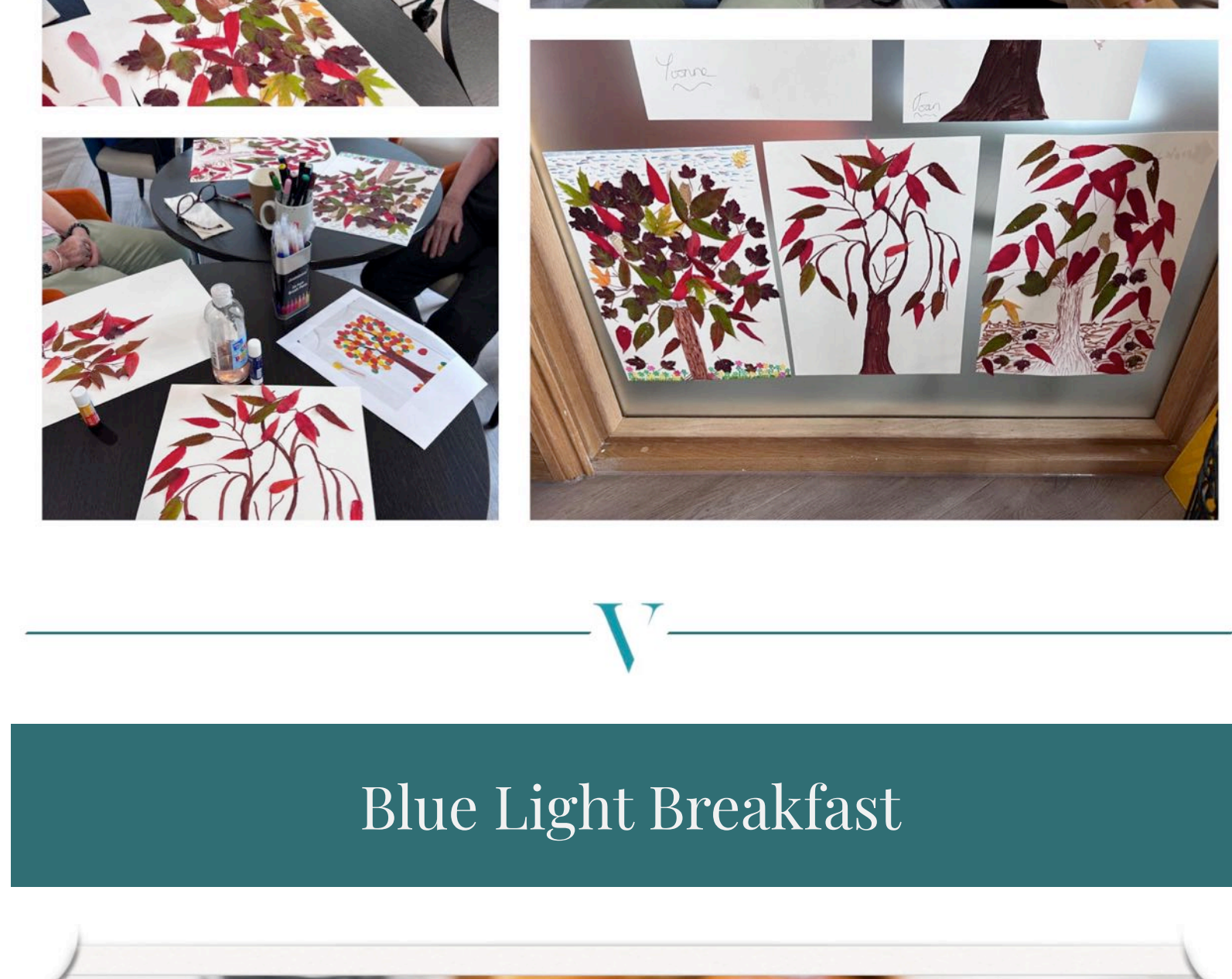


## Autumn Crafts



### Creative Creations

As the temperature drops, our residents have been channeling the autumnal spirit into their creative endeavors. Inspired by the chilly weather, they have crafted delightful autumnal pictures, showcasing their artistic talents and embracing the season's charm.

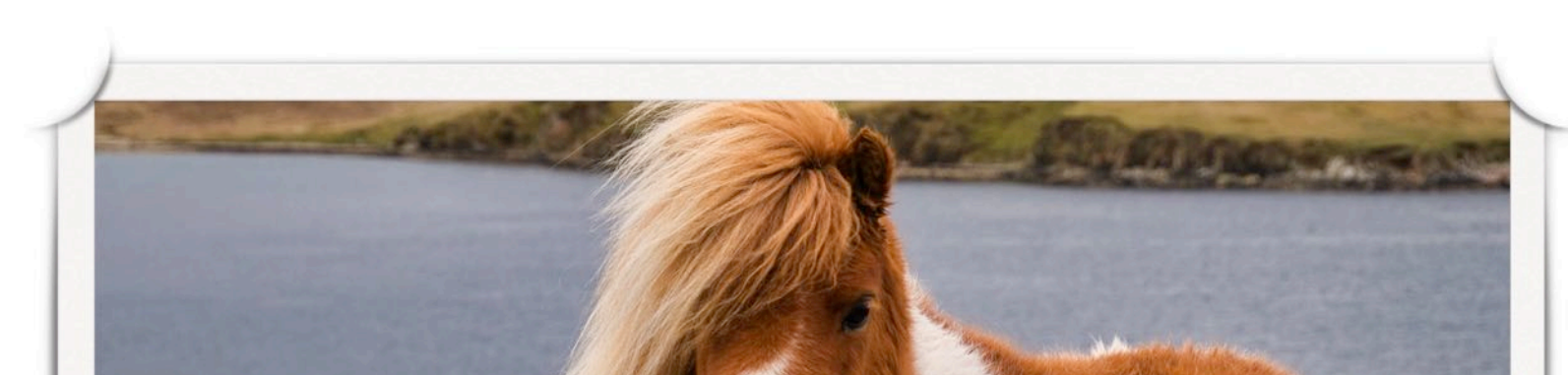
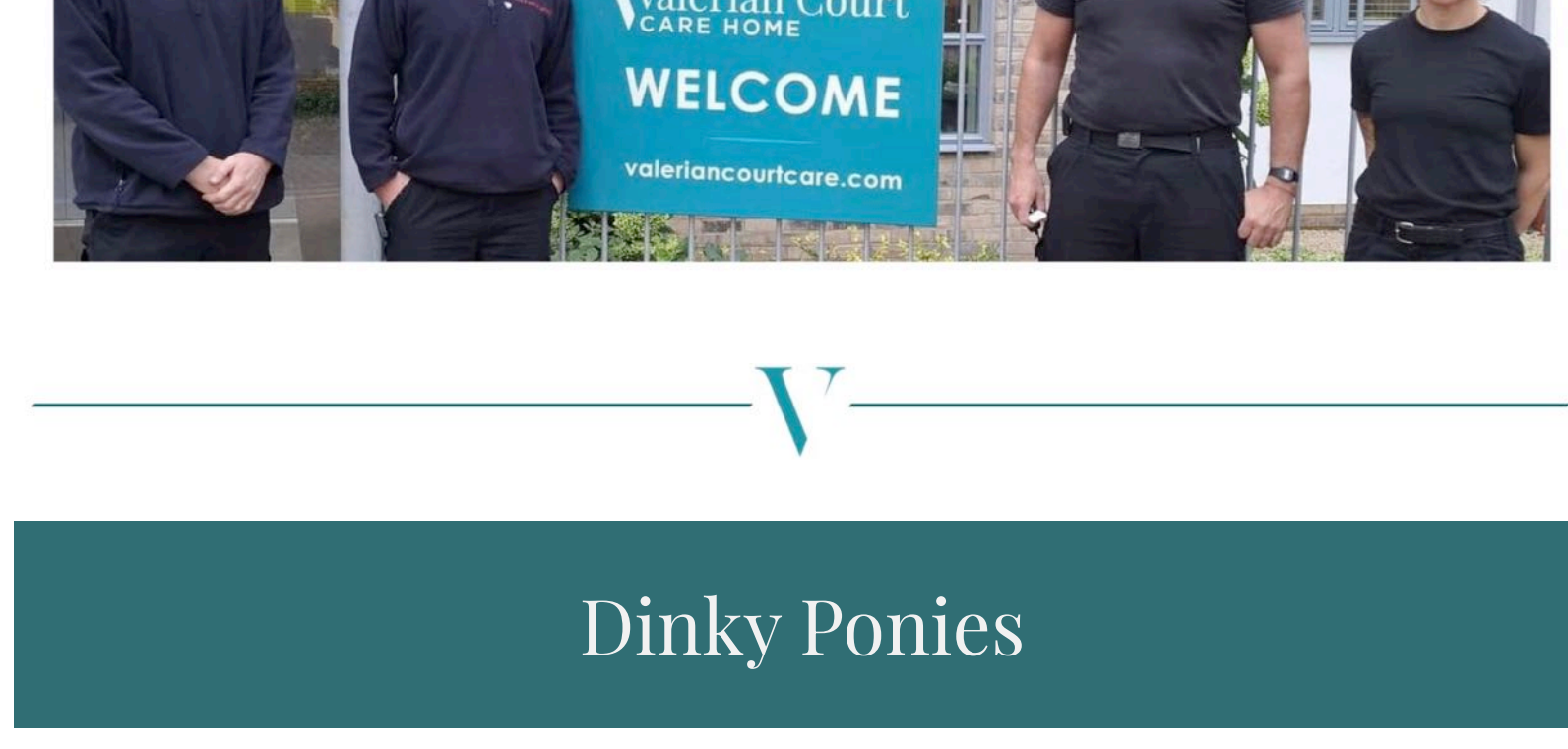


## Blue Light Breakfast

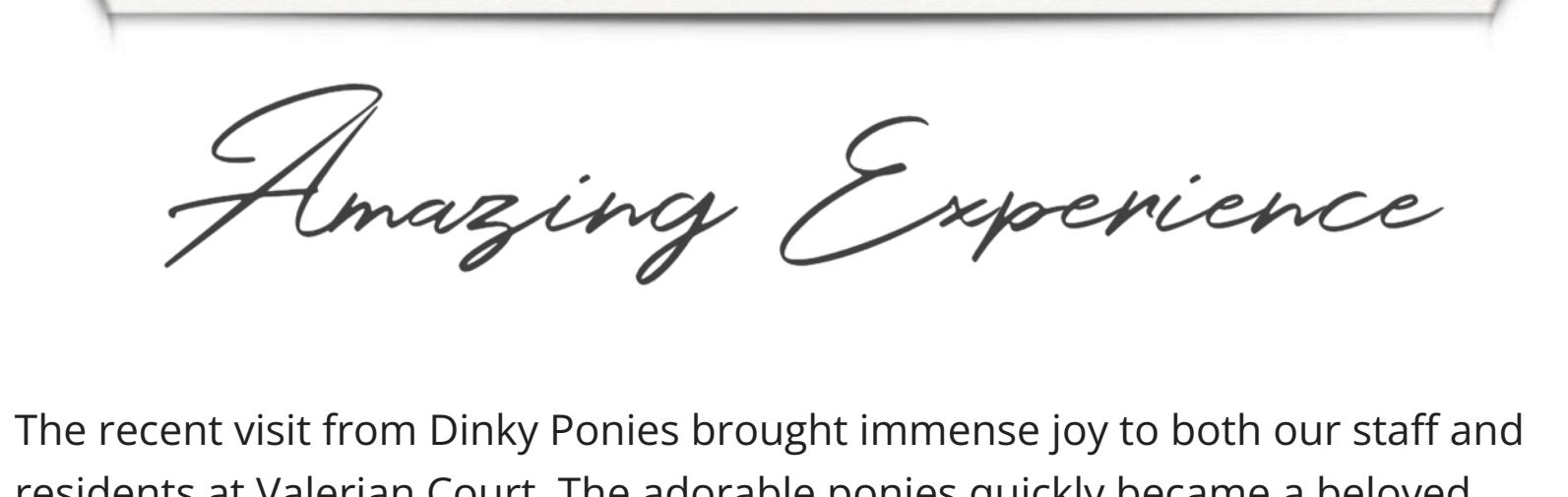


### Thank You!

Valerian Court continues to show support for our local fire brigade with our ongoing Blue Light Breakfast each Friday morning. We take pride in hosting this event and extending our gratitude to the dedicated members of the emergency services.

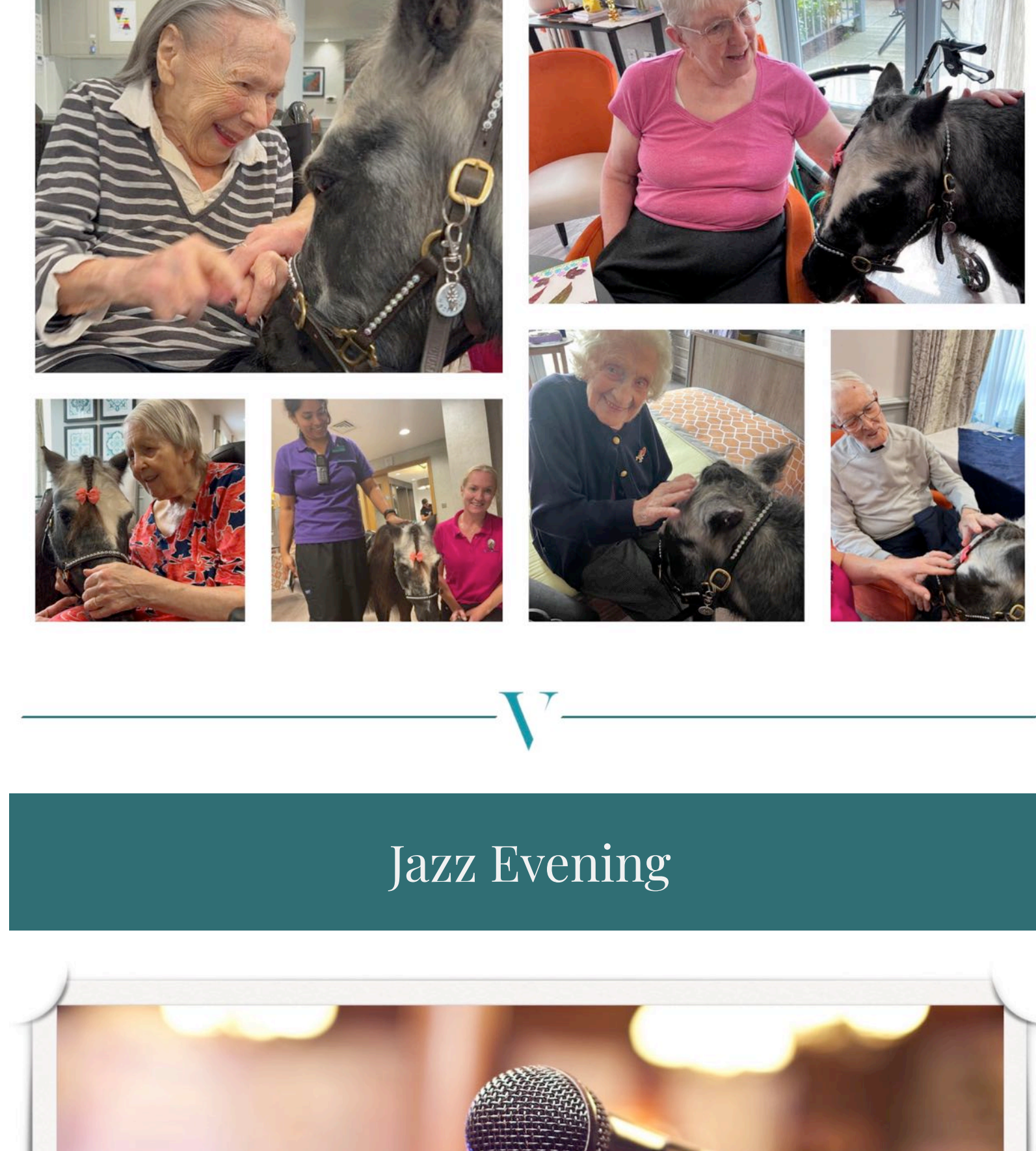


## Dinky Ponies

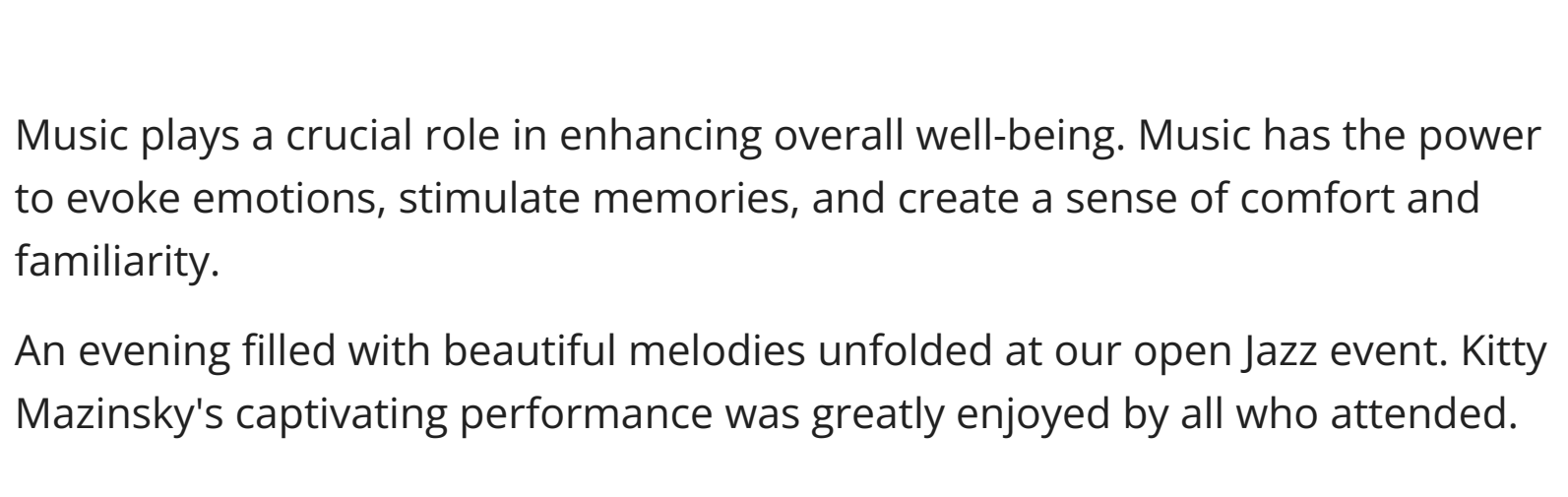


### Amazing Experience

The recent visit from Dinky Ponies brought immense joy to both our staff and residents at Valerian Court. The adorable ponies quickly became a beloved attraction, spreading happiness for everyone involved.



## Jazz Evening



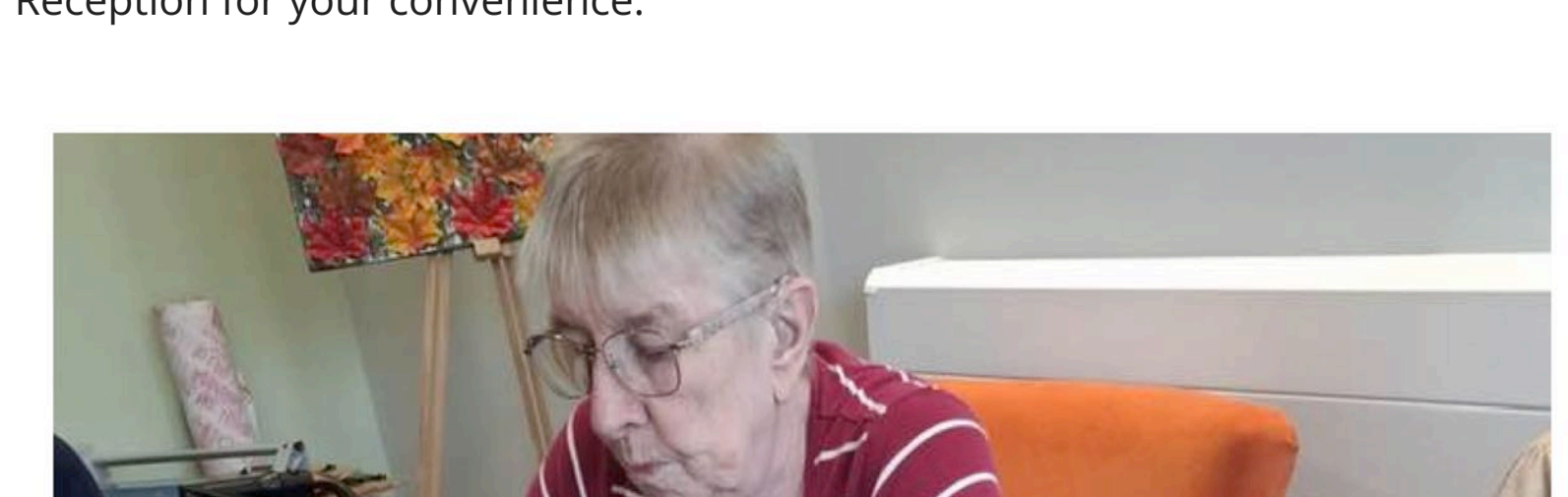
### Toes Tapping

Music plays a crucial role in enhancing overall well-being. Music has the power to evoke emotions, stimulate memories, and create a sense of comfort and familiarity.

An evening filled with beautiful melodies unfolded at our open Jazz event. Kitty Mazinsky's captivating performance was greatly enjoyed by all who attended.

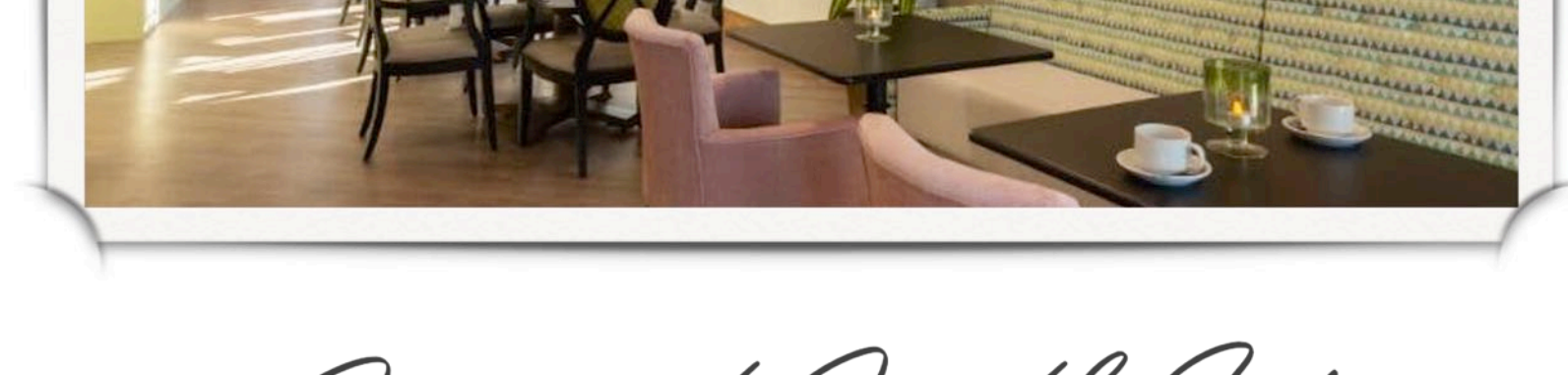
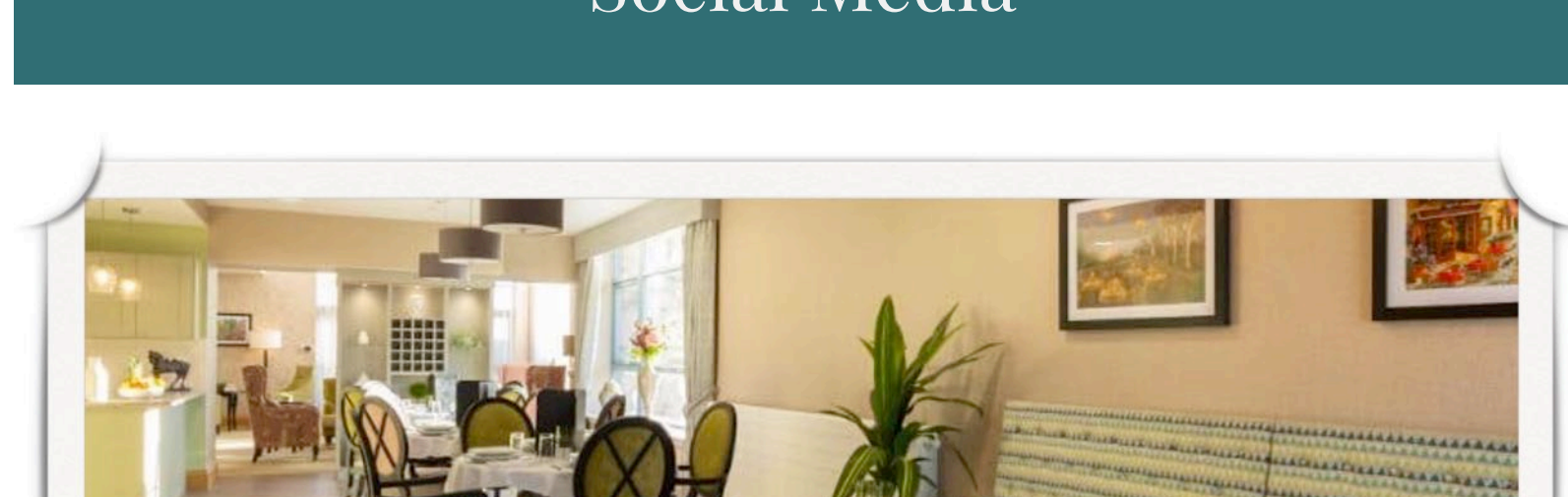


## Make A Wish

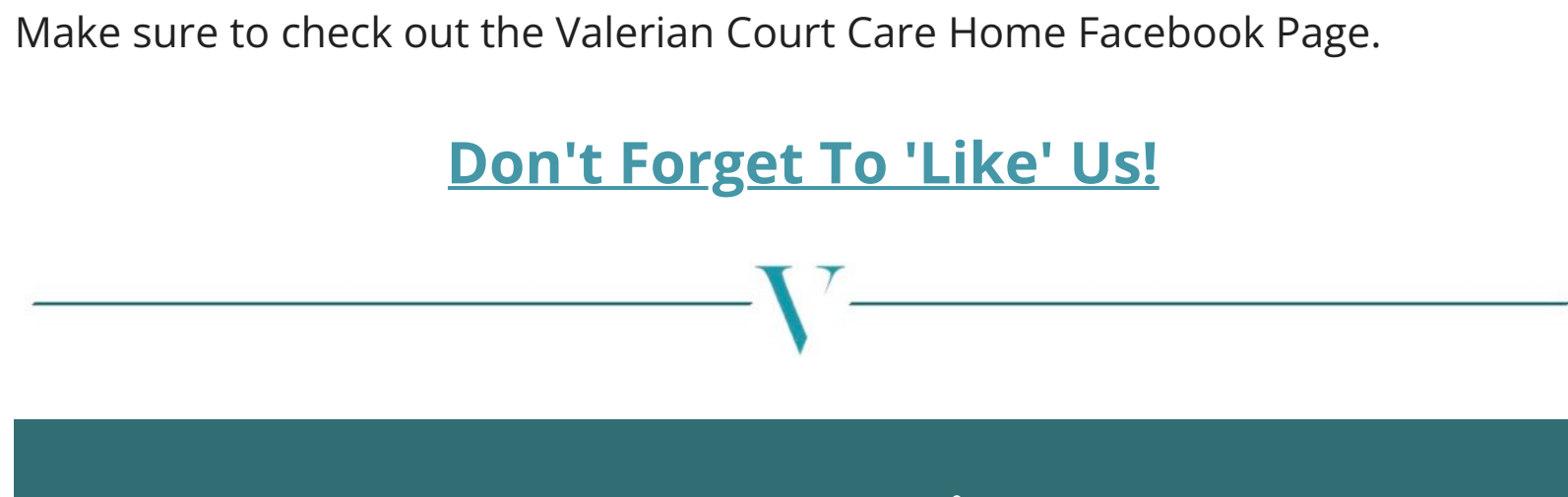


### Fundraising Event

Several of our residents have been hard at work crafting jewellery to support our chosen charity for the year, Make A Wish. Their dedication to fundraising exemplifies the compassionate spirit that thrives within our community. If you wish to contribute, a 'Make A Wish' collection bucket is available at our Reception for your convenience.



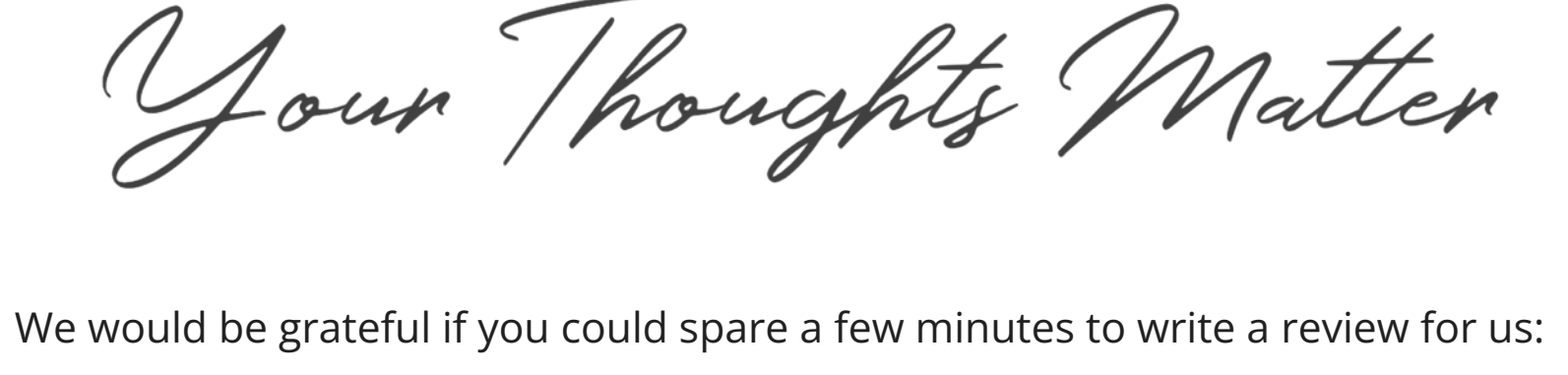
## Social Media



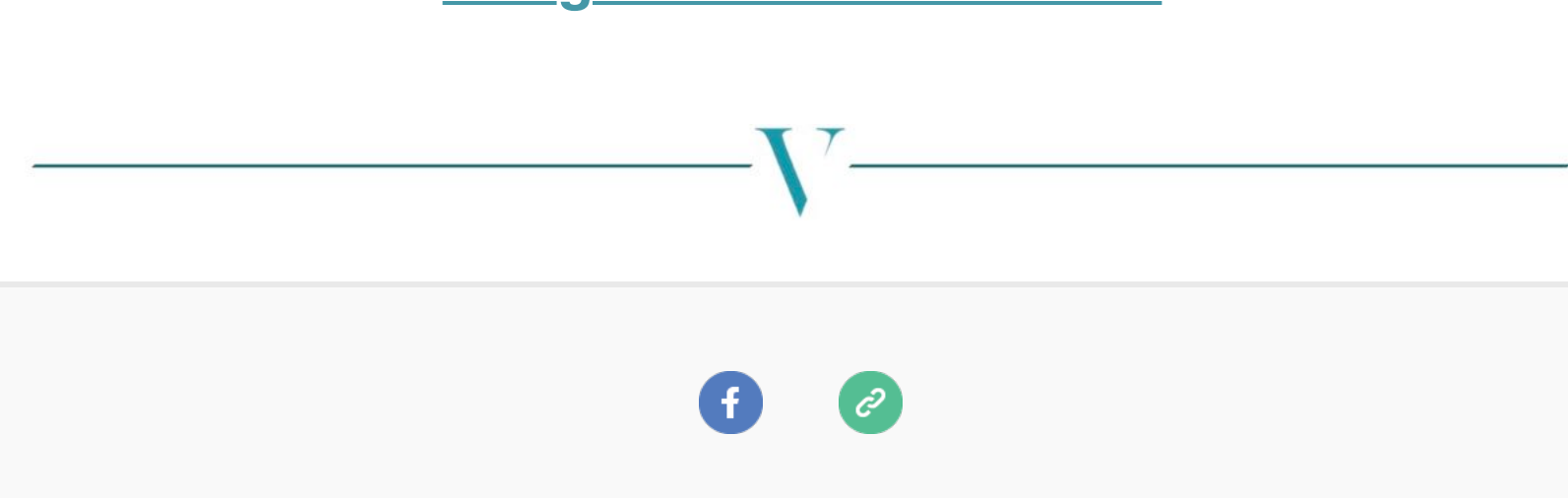
### Connect With Us

Make sure to check out the Valerian Court Care Home Facebook Page.

[Don't Forget To 'Like' Us!](#)



## Leave A Review



### Your Thoughts Matter

We would be grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk Reviews](#)

[Google Business Reviews](#)



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