A WARM WELCOME TO OUR
SPRING 2024

Quarterly Newsletter

Manager's Introduction

Spring is a wonderful season with lighter nights, warmer days, and the treasurable blossoming of flowers and trees. It's a time when nature comes alive after winter's cold and brings hope for a fresh start and hopefully lots of sunshine, which I am sure everyone here would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below.

Newsletter Sign-Up

Best wishes,

Zania Kamran
Home Manager

Special Events

Busy Time...

We love a celebration! So far this year, we have enjoyed Burns Celebrations, Chinese New Year, Mother's Day, St. Patricks Day and Easter.

Burns Day

The Sassenach Ceilidh Band and Tarbs returned with their well-loved and dynamic ceilidh to mark the centre of Robert Burns' poetry and tell us the story of his life. We enjoyed Haggis and Cranachan for lunch.

Chinese New Year

For Chinese New Year, our Bistro became a pop-up Chinese restaurant, residents enjoyed this change in scenery and sweet entertainment.

Mother's Day

Mother's Day was marked by "Scones with a Loved One" and a box of chocolates for every resident.

St. Patrick's Day

Another "pop up" in the Bistro, was Paddy's Bar which hosted Magnum O'Shea Academy of Irish Dancers who wowed their audience with high kicks and feet flash like enjoyed a few shots, beer snacks and Guinness cakes.

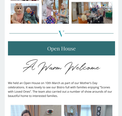
Easter Celebrations

An Easter Brunch was held, welcoming family and friends to enjoy a lavish roll and hot cross bun and an Easter Day tea were visited by the Easter Bunny who hopped around handing out chocolate eggs!

Open House

A Warm Welcome

We held an Open House on 19th March as part of our Mother's Day celebrations. It was lovely to see our local staff and families enjoying "Scones with Loved Ones". The team also carried out a number of draw prizes and of our beautiful homes in extensive facilities.



Our next event, open to the public will be on Tuesday 23rd April, an evening of Spring Wine and Tea House Tours from our much enjoyed regular performer, Ben Hanning.

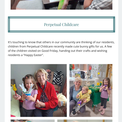
Existing family and friends can support us by attending open house events, enjoying the food and entertainment with your loved ones and sharing in their training anyone, about your experience of Valerian Court.

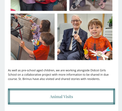
Never Work With Animals & Children!

Our resident's and two of the team twenty check out weekly Activities schedules and are always looking for ideas and are always crawl, across face whether animal and child visitors are found.

Shadows

We were with a group of local children/teens who visit in pairs with their "Windows" Partnership. The children sit with the residents, often working together on a jigsaw or a craft activity. Our residents have enjoyed the visits and a wide array of traditional nursery rhymes are sung, occasionally with Daisy Shaw, accompanied by her guitar playing and singing. Our residents, with dementia approach, we are making plans to meet up with the Windows in the community. We may, need volunteers in good wheelchairs to support these outings and will ask for volunteers in the home, posts on Facebook and a blog setting people in the community.





Perpetual Children

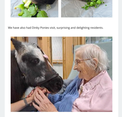
It's touching to know that others in our community are thinking of our residents, especially those who are "Perpetual Children" and Valerian Court is one of one of the children's charities in Great Finborg, travelling out their crafts and entertaining residents a "Happy Easter".

As well as pre-school aged children, we are working alongside Oldcot Girls School as a collaborative project with some senior students to be shared in our courtyard. St Atticus have also visited and shared stories with residents.

Animal Visits

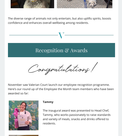
So far, we have not moved animal and child visitors, this will change when our Wendee will visit newly hatched duckling. We can't wait to receive our eggs and hatching to take place, we will share some duckling's photos and video stories for those wanting to take a peek.

So far this year, we have been visited by guinea pigs from Caddy Cartes, who brought a lovely and calming atmosphere as residents cuddled and stroked guinea pigs and had a cuddle.



We have also had Dotty Pockes visit, surprising and delighting residents.

We are lucky enough to have two regular volunteer dogs who come and visit us with their humans, Archie and Sydney. They are part of the team and bring smiles to residents and team members alike. Denise, a Newfoundland is a friendly giant who are a lady that's time to chat.

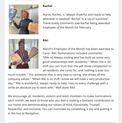


The diverse range of animals not only entertain, but also uplifts spirits, boosts confidence and enhances overall wellbeing among residents.

Recognition & Awards

Congratulations!

November saw Valerian Court launch our employee recognition programme. Here's our round up of the Employee the Month team members who have been awarded so far:



Tammy

The inaugural award was presented to Head Chef, Tammy, who was recognised unanimously by staff members and namely of meals, snacks and drinks offered to residents.

Sandra

In December Activities Lead, Sandra, was presenter with the award. She works tirelessly to offer a range of activities for residents to enjoy.

Michael

Joiners Lead Carl Lead, Michael, be nominated with comments including "Nothing is too much trouble" and "On the ball, ever pleasing special Partner."

Rachel

Nurse, Rachel, is always cheerful and ready to help and has been nominated for her "Care and Compassion". These lovely comments saw Rachel being awarded Employee of the Month for February.

Ella

March's Employee of the Month has been awarded to Carer, Ms. Nutshamba Kitchen Assistant. Ella's always smiling and has built up some very lovely relationships with our residents. Comments include: "Ella will ensure that she will make compassionate to all residents she cares for, and making it even too much trouble." "Ella is a very caring person who always ensures residents are well cared for." "Ella is a very caring and kind person who always ensures residents are well cared for." "Ella is a very caring and smiles an absolute joy to work with." Well done Ella!

We encourage all residents, visitors and team members to make nominations each month, we want to know who you feel is making a fantastic contribution to our home and who you think should be Employee of the Month. Respectfully and inclusive, You can nominate by completing a slip and posting it in the box at Reception.

Regional Recognition

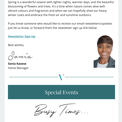
Tammy has also been recognised for her Outstanding Contribution to our home and was presented with a plaque during a regional recognition event at the beginning of March.

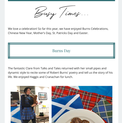
Valerian Court's regional finish annual awards in March, Sandra had the pleasure of attending the Awards Ceremonial at Ferrybridge Park in Manchester, as our nominee for Activities Lead of the Year. Sandra was shortlisted for the award, the majority, but it was one of a fantastic achievement to be nominated and congratulate for an like not only been in the role but in the Care sector for less than 12 months.

Team Development

Always Improving

As the saying go, they can, we were looking for training 12 years on Lockdown Virtual Dementia Tour. Team members had the opportunity to experience what dementia sufferers have to deal with. Our Care Home Manager, Zania Kamran, Hope Sally-Jane Fox where first people and take for days to. Zania must have been using this experience to better understand what people living with Dementia have to navigate on a daily basis.





Much was particularly busy for training. Strategic Thinking team provided three days training for Senior Carers, Deputy Manager and Home Manager, Zania Kamran, Hope Sally-Jane Fox where first people and take for days to. Zania must have been using this experience to better understand what people living with Dementia have to navigate on a daily basis.

training on First Aid, Manual Handling and Fire Awareness.

Finally, our Head's of Department, Keith, Sandra, Tammy and Zuzana attended Risk Assessment training at our sister home in Swindon, Ridgeway Rise.

Every day is a learning day!

Upcoming Dates For The Diary

Coming Up...

April
Sunday 7th: Fiona Harrison performs "In My Easter Bonnett" - 15:00
Tuesday 16th: Jovan plays Accordion - 15:00
Thursday 18th: Karina brings her Ukeleles - 11:00
Tuesday 23rd: Claire's St. George's Day special - 11:00
Tuesday 23rd: Open Evening - Cheese & Wine and live music with Ben Heaney 17:00 - 19:00
Tuesday 23rd April – Friday 3rd May: Incredible Eggs - Ducklings

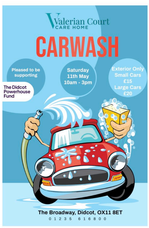
May
Friday 3rd: Dinky Ponies - 11:00
Saturday 11th: Fundraising Car Wash 10:00 - 15:00, we will need volunteers to make this event a success, please let Sandra know if you can be available to help for a few hours.
Tuesday 14th: "Understanding Dementia", an informal carers information event run by Dementia Oxfordshire
Thursday 16th: KelBilly Stomp - 15:00

Save The Date
Saturday 13th July: Summer Event

Fortnightly Knit & Natter
10th & 24th April, 8th & 22nd May, 5th & 19th June

Fortnightly Memory Café
8th & 22nd April, 6th & 20th May, 3rd & 17th June, 1st, 15th & 29th July

Posters



Social Media

Connect With Us

Make sure to check out the Valerian Court Care Home Facebook Page.

Don't Forget To 'Like' Us!

Leave A Review

Your Thoughts Matter

We would be grateful if you could spare a few minutes to write a review for us:

Carehome.co.uk Reviews

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